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# Amanda

classics

Amanda flour, high in protein and enriched with wheat gluten, is specially formulated for the preparation of crunchy bakery products. Its balanced composition, complemented by enzymes and ascorbic acid, ensures a supple and elastic dough, easy to work with and providing excellent volume after baking. Its white-to-cream color and neutral smell make it a choice ingredient for crispy and tasty breads.

#### **FLOUR NUTRITIONAL VALUE (PER 100G)**

Ingredients: Wheat flour, Wheat gluten, Malted wheat flour, Energy kcal:

Enzymes (hemicellulases, alpha-amylase), Energy kJ:

Antioxidant: Ascorbic acid E300

13% Proteins: Ash content: 680 Absorption:  $\pm$  59,5 l

Allergens: Cereals containing gluten (Wheat, Malt)

1425

Fats: 1,1 g

Fibers: 2,5 g

Carbohydrates: 38,4 g

Proteins(Nx6,25): 13,0 g

The figures depend on the new harvest.

#### **BREAD PACKAGING**

Odour: Neutral 25 kg

Colour: White or slightly creamy

# **NOTES**

High in proteins.



RECIPE

### Main ingredients

AMANDA: 10 kg Water: ± 6 I Yeast: 500 g Salt: 170 g Improver: 250 g

# Kneading

Dough temperature:

Normal: 18' Spirale: 1° speed 4' 6'

2° speed 24 °C - 25 °C

# Resting and proofing time

1° rest: 10' 2° rest: 10' Final proof\*\*: ± 60'

## Baking

Baking temperature: 220 °C

Baking time: ±18' with steam

\*The ammount of water added depends on the new harvest.

\*Weigh: e.g., 1800g/ 30 pieces

\*\*Round with the machine, place on trays, or shape into piccolos.

