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**FLOUR** 

# **Platine**

classics

Platine flour is part of the "Classics" range. This (partially) whole wheat flour adds flavor and quality to your breads. It is also suitable for blending with other flours to create varied textures and flavors.

RECIPE

Inaredients:	Wheat flour.	Wheat bran,	Wheat aluten,

 Wheat flour, Wheat bran, Wheat gluten, Toasted malt, Malted wheat flour,

Enzymes (hemicellulases, alpha-amylase),

Antioxidant: Ascorbic acid E300

Structure: 75% partially whole wheat flour

Allergens: Cereals containing gluten (Wheat, Malt)

May contain traces of Soy and Sesame

#### **NUTRITIONAL VALUE (PER 100 G)**

Energy kcal: 290

Energy kJ: 1228

Fats: 2.0g

Fibers: 15.0g

Carbohydrates: 52.9g

Proteins (Nx6,25): 14.9g

\*The values depend on the new harvest.

#### **BREAD**

Crumb: Medium structure

Colour: Dark

### **PACKAGING**

25 kg

# Main ingredients

 Platine:
 10 kg

 Water\*:
 ± 6,5 l

 Yeast:
 250 g

 Salt:
 170 g

Preparation

Mix the flour, water, and yeast at speed 1.

Then add the salt at speed 2.

Optionally, add the fat at the end of kneading to achieve a finer structure and better shelf life.

#### Kneading

Fast mixing

C I	10	5
Spiral	1° speed	4′
	2° speed	6'
Diosna	1° speed	_
	2° speed	5′
Beater – Mixer		12′
	1° speed	IZ
	i speed	3'
	2° speed	12
Dough temperature		12
		26 °C - 28 °C

#### **NOTES**

The "Classics" flours form a range of whole or partially whole wheat flours.

If desired, "Classics" flours can always be blended with other flours.

#### Resting and proofing time

Bulk fermantation:	1)15′2)15′
Rest:	15′
Final proof:	45' - 60'
Proofing temperature:	32 °C - 34 °C
Relative humidity:	75% - 85%

#### **Baking**

Baking temperature:	220 °C
Baking time:	45′

## **Notes**

Depending on the desired volume and structure, the first fermentation can be skipped.

Adding 2% of a fat emulsion has a positive effect on dough softness and structure

For specialty bread, add the necessary ingredients according to legal requirements.

<sup>\*</sup>The ammount of water added depends on the new harvest

