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Uno

UNO Wheat Flour is a versatile flour made from carefully milled wheat, with a balanced protein content ideal for breadmaking. White to creamy in color and neutral in aroma, it offers good water absorption and consistent performance in baking.

FLOUR

Ingredients: Wheat flour Ash content: 680 mg/100g

Absorption: ± 57

Allergens: Cereals containing gluten (wheat) **NUTRITIONAL VALUE(PER 100 G)**

335 Energy kcal: Energy kJ: 1424 Fats: 1,1 g Carbohydrates: 72,1 g Fibers: 2,5 g Proteins (Nx6,25): 9,3 g

BREAD Odour:

PACKAGING 25 kg ou vrac

NOTES

Pure local wheat

Colour: White or slighlty cream

Neutral



RECIPE

Main ingredients

Uno: 10 kg Water*: ± 5,7 l Yeast: 250 g 170 g

Salt:

Kneading

Normal: 20' Spiral: 1° speed 3'

2° speed 6'

2'15" Fast mixing:

Dough temperature:

25 °C - 27 °C

Resting and washing time

1º proof: 15' 2° proof: 15' 45' - 60' Final proof: 32 °C Proofing temperature: Relative humidity: 80 %

Baking

Baking temperature 220 °C 35' - 45' Baking time

Notes

For specialty bread, add the required ingredients according to legal regulations.

^{*} The addition of water depends on the new harvest.

